

WELCOME NEW PATIENT

First & Last Name					
Address					
City		Postal Code			
Telephone (B)		(H)	Fax		
Email					
Date of Birth					
Da	ay Moi	nth	Year		
Doctor		Telephone			
How did you hear abou	ıt Personal Best?				
☐ Family Physician	Specialist	☐ Friend	□ Advertisement	Other	
Please write the name or I understand that 2 charges will apply for	4 hour notice for any c		ion Co. above ion to my appointment is re	quired or	
Patient Signature		Dat	re		
This Clinic is not cov	ered by WCB or OHI	IP			
MOTOR VEHIC If you have been involved		accident, please fill	in this section		
Name of Insurance (Company				
Address of Insuranc	e Company				
Claim number					
Insurance Agent's N	ame				
Insurance Agent's To	elephone			page 1	

HEALTH CONSENT FORM

We want your informed consent. This means that we want you to understand the services we provide and how we use your personal information.

ASSESSMENT AND TREATMENT

I consent to assessment by a member of the clinical staff at *Personal Best Physiotherapy*. I am responsible for deciding whether to follow the recommendations made by a clinician. I understand that I may not respond to treatment recommended. I understand that I may ask questions related to my conditions, assessment results and treatment recommendations.

COLLECTION AND USE OF PERSONAL INFORMATION

I understand to complete my assessment and provide services, staff will collect some personal information about me. I agree to *Personal Best Physiotherapy* collecting, using and disclosing personal information about me as required to my physician, allied health care providers involved in my care, insurance provider or third parties payers if applicable.

INFORMATION ON THE COST OF OUR SERVICES

WSIB/OHIP does not cover any of our services. In some cases extended health insurance will cover the costs. It is the patient's responsibility to verify their insurance coverage.

CLINIC FEES

Physiotherapy/Pilates Rehabilitation with a Registered Physiotherapist

Assessment 60 minutes \$125.
Follow Up 45 minutes \$90.
Follow Up 30 minutes \$70.

Physiotec program/exercise addition \$5. per session added to the above fees.

HST is not applicable to physiotherapy services.

Private Pilates Sessions with a Certified Pilates Instructor

• 60 minutes \$85 + HST = \$96.05

Post Rehab Exercise Session with Registered Kinesiologist

• 60 minutes \$80 + HST = \$90.40

Forms, Letters, Telephone consultations

• Basic \$25. + HST

The patient is responsible for full payment to *Personal Best Physiotherapy* for goods and services provided at the end of each appointment.

Today's Date			
Patient Signature			
Patient Name print clearly			
If the patient has a legal guardian, please provide			
Legal Guardian Signature			
Legal Guardian Name print clearly			

PHYSIOTHERAPY AND YOU

Please briefly write in your own words the primary reason for your Physiotherapy consult e.g. back & leg pain					
Have you been to physiotherapy in If yes, briefly explain for what con	•		therapy, mac	hines, exercises	
Are you currently taking any medic	cation?	□ No			
Have you had any surgeries in the Please list	past?	□ No			
Do you currently have or have Diabetes Stroke Kidney problems High blood pressure Respiratory / lung problems Fibromyalgia Shortness of breath Insomnia/difficulty sleeping Headaches Dizziness Depression Allergies:	☐ Recent infecti ☐ Broken bones, ☐ Skin diseases ☐ High choleste ☐ Cancer ☐ Osteoporosis	on <i>eg. chest, urinal</i> /fractures rol / lack of bladder cor	ry tract	eck all that apply Wrist/hand pain Knee pain Neck pain Jaw pain Shoulder pain Hip pain Low back pain Ankle/foot pain Mid back pain	
☐ Other					
Do you currently or have a history Have you had any of the following Please list including for what cond X-ray Diagnosti	medical images?	☐ Yes ☐ No ☐ Yes ☐ No ☐ CT scan	☐ MF	RI □ Other	

PAIN BEHAVIOUR Select all that apply: My pain is improving worsening the same constant intermittent - comes and goes What activities/movements make your pain Worse Better PAIN SCALE How severe are your symptoms? 0 1 2 3 4 5 6 7 8 9 10 No pain Unbearable pain Please tell us what your 3 primary goals are or what you wish to achieve with your Physiotherapy treatments e.g. return to playing tennis 3X/week, be able to walk for 30 minutes, eliminate headaches	COMPLAINTS & SYMPT Please identify on diagram where experiencing symptoms and what type example: pins & needles, stabbing pain, burning pain, achey pain or other	TOMS	Q A B
My pain is improving worsening the same constant left left right left left left right left left left right left left	PAIN BEHAVIOUR		
improving worsening the same constant intermittent - comes and goes What activities/movements make your pain worse Better PAIN SCALE How severe are your symptoms? 0 0 1 0 2 0 3 0 4 0 5 0 6 0 7 0 8 0 9 0 10 No pain Unbearable pain Please tell us what your 3 primary goals are or what you wish to achieve with your Physiotherapy treatments e.g. return to playing tennis 3X/week, be able to walk for 30 minutes, eliminate headaches	Select all that apply:	front []	hack
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Worse Better PAIN SCALE How severe are your symptoms? Do D	•	right H H left	left Kright
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How severe are your symptoms? O O O O O O O O O O O O O O O O O O O	Better	-	
Please tell us what your 3 primary goals are or what you wish to achieve with your Physiotherapy treatments e.g. return to playing tennis 3X/week, be able to walk for 30 minutes, eliminate headaches	How severe are your symptoms?	4 🗔 5 🗔 6 🗔 7 🗔 8	9 10
treatments e.g. return to playing tennis 3X/week, be able to walk for 30 minutes, eliminate headaches	No pain		Unbearable pain
FOR FEMALE PATIENTS ONLY			
FOR FEMALE PATIENTS ONLY			
FOR FEMALE PATIENTS ONLY			
Are you currently pregnant or think you might be pregnant? ☐ Yes ☐ No	_	_	lo

 $\label{thm:continuous} \textbf{THANK YOU} \ \ \text{for taking the time to share this information with us.}$



An active hands-on approach through rehabilitation pilates

124 Merton Street, Suite 307, Toronto ON. M4S 2Z2
fax 416 642 0092 Call to book an appointment 416 322 6070